



Dr Nothando Moyo-Mubayiwa appointed as President and Dr Muofe Murwamphida appointed as Vice President of the MMPA

Dr Nothando Moyo-Mubayiwa, newly appointed President of the MMPA, holds a Bachelor's Degree in Medicine and Surgery (Cum Laude) and a Postgraduate Diploma in Occupational Medicine and Health from the University of Pretoria. She is a certified independent medical examiner with the American Board of Independent Examiners. Dr Moyo-Mubayiwa currently chairs the Northern Cape Mine Managers Association's Wellness and Behaviour Committee which prides itself in sharing and adopting best practice in the health and wellness arena among the mines in the Northern Cape.

In her own words:

"My story began back in the Medical University of Southern Africa (University of Limpopo), better known as Medunsa back then. My dream had been to become a doctor as long as I can remember. I spent my internship year in Kroonstad Boitumelo Hospital where I fell in love with emergency medicine and surgery, as the medical officers would make sure we could do all sorts of surgeries so that we would not have to call them out to assist. That was a memorable part of my formative years as a doctor. After a couple of years as an emergency medical officer at Helen Joseph, nicknamed "Hell in Joburg" as it was such a busy hospital, I decided I had had enough of the adrenaline rush of each "resus" and opted to study occupational health, being fascinated by the issue of health in the workplace. I joined EOH Health and managed the Standard Bank Primary Health Care Clinic. During this period, I conducted executive medicals, and ran the occupational and health services. I also assisted with incapacity and disability decisions, and setting up the Standard Bank Rosebank employee wellness centre."

Dr Moyo-Mubayiwa currently works at Kumba Iron Ore's Sishen Mine in the Northern Cape, a role she has held since 2014. She provides strategic leadership for the Occupational Health and Hygiene Services at the mine, and ensures adherence to all legal and ethical acts and regulations, as well as medico-legal and corporate governance requirements. In her role at Kumba Iron Ore, she has gained vast experience in occupational health and safety, medical incapacity and disability management, and project management.

"I moved with my family to join Kumba Iron Ore Sishen Mine in Kathu. This was a big move for us going to live in the Kalahari, a part of the country we had never been to. I moved through the ranks to Superintendent Occupational Health and Hygiene. I love the challenge that comes with working for one of South Africa's largest mines. It is always rewarding to change mindsets and see people change their idea of healthy living one step at a time."

"Since January 2017 I have been tasked with heading up



Dr Nothando Moyo-Mubayiwa



Dr Muofe Murwamphida

*the Northern Cape Mine Managers Association Tripartite Wellness and Behaviour Work stream. It is great working together and learning from each other as wellness champions as we move through the journey towards zero harm. One life lost or harmed in our mines is one too many."*⁶

"In June 2017 I was elected as the President for Mining Medical Professionals Association (MMPA). This was a huge honour for me. MMPA seeks to raise the profile of medicine in mining, something which I have become very passionate about. The organisation's mission is to remain an integral and indispensable discipline in the mining industry by promoting best practice in mine medicine and productivity of the workforce."

Dr Moyo-Mubayiwa describes herself as a well-rounded medical professional with several years' experience in occupational health, who loves working with people and thrives on challenges and operating under pressure. A key theme of her life is balance in her personal and professional life.

"I am very passionate about healthy living and keeping fit. I recently started a running initiative in the community. Every Saturday morning we have a 5-km run in the spirit of being fit for life and fit for work. The first ever Kathu parkrun will be opened by the Comrades marathon legend,

Bruce Fordyce, on the 23rd of September 2017. The Kathu parkrun is one little step in ensuring that the community at large gets up and moves towards a healthy lifestyle."

Dr Muofe Murwamphida, the new Vice President of the MMPA, holds a Bachelor's Degree in Medicine and Surgery (Cum Laude) from the University of KwaZulu-Natal (UKZN), and a Postgraduate Diploma in Occupational Health from the University of KwaZulu-Natal. She is a certified independent medical examiner with the American Board of Independent Examiners.

Dr Murwamphida has been practicing medicine for 12 years and started her career in the mining industry at the gold mines in the Carletonville region. She currently works as an occupational medical practitioner at Life Healthcare – Life Occupational Health, and for the South32 mine, a role she has held since 2014. She is legally appointed at South32 Coal Mine to provide occupational health services. Her scope of work includes medical incapacity management, fitness for work assessments, injury on duty and occupational diseases management.

Dr Murwamphida is passionate about employee wellness and strives to live a healthy lifestyle. She participates in half-marathon (21 km) races every weekend and intends to compete in the Old Mutual Two Oceans Ultra Marathon in 2018.

We wish Dr Moyo-Mubayiwa and Dr Murwamphida a very successful and fruitful presidential year.